



Snacks, Desserts, and Light Fare

HALVA

aka Halwa, Halvah, Halawa, Chalwa, etc.

Dried sesame paste with pistachios and vanilla. Halvah has a sweet yet salty taste sure to please the palette and ward off hunger.

\$2.50 per slice

DAIFUKU

Vegan and Gluten Free

Mochi rice dough with red bean paste filling. A perfect complement to Japanese green tea or for *Chanoyu*.

(V, GF)

\$3.25 each

CRYSTALLIZED GINGER

Organic, Vegan, and Gluten Free

A bowl of crystallized ginger root (organic ginger and organic raw sugar). A specialty popular on the African continent for its tonic and healthy effects.

(O, V, GF)

\$2.50 bowl

DRIED FRUITS

Organic, Vegan, and Gluten Free

An exotic mixture of dried apples, plums, figs, dates and apricots. Unsulfured.

(O, V, GF)

\$3.25 bowl

MIXED NUTS

Vegan and Gluten Free

An irresistible bowl of mixed, roasted nuts. Unsalted.

(V, GF)

\$2.75 bowl

DOLMAS

Stuffed Grape Leaves

Grape leaves stuff with rice, herbs, and fresh lemon juice.

(V, GF)

\$3.00 for three



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Check the display case for different fresh desserts and pastries such as cookies, cakes, and seasonal breads.

CHOCOLATE MEDICINE BALL

Organic

Ecuadorian cacao, almond butter, and coconut butter...including cat's claw, camu camu, maca, pau d'arco, goji, Acai, milk thistle, bee pollen, raw honey, Billy's Greens™, hempseeds, and a golden berry center...they are creamy and delicious! Made with love!

Made by Silvermoon Chocolates (O)

\$4.00 each

RASPBERRY BAR

Vegan

Raspberries, rolled oats, and brown sugar: what's not to love?

Made by Allegro Hearth Bakery (L, V)

\$3.50 each

LEMON BREAD

A delicious, delicate, lemony dessert bread. Wonderful as a contrast to black tea.

Made by Allegro Hearth Bakery (L)

\$2.00 per slice

BAKLAVA

Filo dough with honey and chopped nuts. A taste of heaven!

Made by Stamoolis Brothers

\$2.00 each

MOROCCAN SPICED ORANGES

Honeyed orange slices sprinkled with cinnamon. (V, GF)

\$3.50

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Vegetables are locally sourced when possible!

HUMMUS PLATE

Local and Vegan

A traditional dish, popular in the Middle East, made from chickpeas, tahini (sesame seed paste), lemon juice, and olive oil, sprinkled with Zaatar. Served with warmed, local pita and slices of fresh vegetables.

Hummus from the Greek Gourmet (L, V) **\$7.50**



BABA GHANOUSH PLATE

Local and Vegan

A popular spread, popular in the Middle East, made from roasted eggplant, tahini (sesame seed paste), lemon juice, and olive oil, sprinkled with Zaatar. Served with warmed, local pita and slices of fresh vegetables.

Baba G from the Greek Gourmet (L, V) **\$7.50**

PITA DAHAB

Warmed local pita, fresh sliced tomato, gourmet olives, and Greek goat milk feta, seasoned with cardamom.

\$8.00

PITA JERUSALEM

Warmed local pita, lightly buttered and dusted with cinnamon sugar.

\$3.25



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PITA LEBANON

Warmed local pita, drizzled with olive oil and seasoned with Lebanese herbs and spices.

\$3.25

MISO SOUP

Vegan

A Japanese traditional soup made of slowly wood fired soy beans. This soup is sipped for nourishing the deep essential energies of the body and is suitable with Japanese green teas. Garnished with chopped scallions. (V)

\$3.25

SIDES

EXTRA VEGGIES

\$3.00

FETA

\$2.50

GOURMET OLIVES

\$2.50

HUMMUS or BABA G

\$3.00

PITA

\$1.75